

JSSA Kesher Café Calendar of Activities | September 2026 | Wednesdays 10-2pm

Theme: *Celebrating Self-Awareness!*

	9/2/26	9/9/26 Happy Birthday Brad! (observed)	9/16/26	9/23/26 Happy Birthday Karl! (observed)	9/30/26
10:00- 10:30	Check-in & Question of the Day "A Taste of Paris" French Breakfast It's Self Awareness Month <i>National V-J Day</i>	Check-in & Question of the Day Brain Jogger <i>National Teddy Bear Day</i>	Check-in & Question of the Day Brain Jogger <i>National Playdoh Day</i>	Check-in & Question of the Day Brain Jogger <i>National Checkers Day</i>	Check-in & Question of the Day Brain Jogger <i>National Love People Day</i>
10:30- 11:15	<i>Our Wellness Journey with Kathy (10:30-11:15)</i>	Happy Birthday Adam Sandler – Time to Laugh!	<i>Art Therapy with Annie Holscher, ATR-BC, LCPAT</i>	<i>Music Therapy with Meghan (10:30-11:15)</i>	Field Trip: National Zoo Let's Meet Linh Mai
11:15 – 12:00	<i>What I'm Good At & What's Harder for Me:</i> Check-in with Ish	<i>L'shanah tovah</i> Let's Learn About and Share Some Traditions and Meanings of the Fall Jewish Holidays	Why we Celebrate National Hispanic Heritage Month (September 15 – October 15)	Collage time with Lori! <i>My Story, My Life</i>	
12:00-1:00	BYO Lunch Food, Fun and Friendship (Bring Your Own Lunch)	BYO Lunch Food, Fun and Friendship (Bring Your Own Lunch)	Lunch Food, Fun and Friendship Mexican Fiesta Lunch provided	BYO Lunch Food, Fun and Friendship (Bring your own lunch)	Lunch Lunch will be Provided at the Zoo
1:00-1:45	Virtual Travel with Joyce to Paris & Normandy	Storytelling with Sheldon: Mace Burgen: A Giant of a Man	<i>Let's Learn Something New about Birds</i> SOUL Guest: Paul from the Wild Bird Unlimited Nature Shop	Music Happy Hour with Earth, Wind & Fire "September" "Love was changing the minds of pretenders...While chasing the clouds away..."	
1:45-2:00	Going for Gold with Ish	Going for Gold with Ish	Going for Gold with Ish	Going for Gold with Ish	Going for Gold with Ish

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