

This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: 10/1/1971: Disneyland opened in FL: "What's your favorite amusement park ride?" - 10/1/1935: Julie Andrews (Singer/Actress) birthday - Exercise - Games

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Happy Birthday Vivian & Judy	2
			KC at Parklawn Morning Mavens 9:00-1:00 11:45 Music Therapy with Yvonne ***** KC at Parklawn Afternoons 1:30-5:30 1:45 Music Therapy with Yvonne ***** KC at Germantown Community Center 9:30-1:30 10:30 Fire Safety with Kristy	JSSA offices and the Kensington Clubs office closed beginning at 3:00 pm in honor of Shemini Atzeret

This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: "It's National Cookie Month: What's your favorite cookie?" - Hispanic Heritage Month continues: Spotlight on Government, for example: Ruben Gallego (Senator), and Delia Ramirez (Representative) - 10/5/1962: First James Bond movie launches 10/5 - National Teacher Day - World Space Week - Exercise - Games

Monday	Tuesday	Wednesday	Thursday	Friday
5 Happy Birthday Rick	6	7	8	9
KC at Germantown Community Center 9:30-1:30	KC at Parklawn Morning Mavens 9:00-1:00 11:00 Arts For The Aging with Amy ***** KC at Parklawn Afternoons 1:30-5:30 2:30 Arts For The Aging: Intergenerational Program with Peter and Carlos	KC at White Oak Senior Center 9:30-1:30 10:00 Art Therapy with Annie 1:00 Dance Yoga with Kathy ***** Keshet Cafe Wednesdays 10:00-2:00	KC at Parklawn Morning Mavens 9:00-1:00 12:30 Dance Yoga with Kathy ***** KC at Parklawn Afternoons 1:30-5:30 3:00 VIRTUAL ALL INVITED - Nature Program with Croydon Creek Nature Center: Pumpkin Science - ZOOM LINK IN EMAIL ***** KC at Germantown Community Center 9:30-1:30 11:00 Arts For The Aging: Picture This with Sandra and Marilyn	Upcoming Weekend Reminders! October 11th - 1:00-3:00 Keshet Cafe Sunday 12320 Parklawn Terrace Entrance Sunday, October 11th - 2:00-3:30 First L'Chaim Choral Rehearsal Ring House Social Hall 1801 E. Jefferson Rockville, MD 20852 Shabbat Shalom and Happy Weekend to all!

This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: "It's Depression and Mental Health Awareness Month: What do you do when you're feeling depressed?" - 10/13: National M&M Day - Hispanic Heritage Month: Spotlight on Sports, for example: Christian Gonzalez (NFL), and Diana Taurasi (WNBA) - 10/12/1792: White House cornerstone laid - 10/15/1951: "I Love Lucy" premiered - National Pizza Month and National Pasta Month - Exercise - Games

Monday	Tuesday	Wednesday	Thursday	Friday
12 Indigenous People Day	13	14	15 Happy Birthday David and Rich	16
KC at Germantown Community Center 9:30-1:30 11:00 Judge and Jury with Jay ***** 7:00-8:00 pm Caregiver Coping: Sex & Cognition: What Happens When the Brain Changes? Speaker: Marti Brown CSA, CDP, CADDCT, CLYL Managing Partner, Support for Aging, LLC KC Zoom Meeting ID: 777 162 3920 Password: 535850	KC at Parklawn Morning Mavens 9:00-1:00 10:30 Fire Safety with Kristy 12:30 Dance Yoga with Kathy ***** KC at Parklawn Afternoons 1:30-5:30 2:00 PALS: Pet Visits with Susan and Bella	KC at White Oak Senior Center 9:30-1:30 11:00 Arts For The Aging: Shake, Rattle and Roll with Wall ***** Kesher Cafe Wednesdays 10:00-2:00 ***** 10:30-11:30 Care Circle Drop in with Colette on KC Zoom. Check email for link	KC at Parklawn Morning Mavens 9:00-1:00 ***** KC at Parklawn Afternoons 1:30-5:30 2:00 Fire Safety with Kristy ***** KC at Germantown Community Center 9:30-1:30 11:00 Music Therapy with Yvonne	Today! Eli's Loaves of Love delivery between 1-3pm Shabbat Shalom and Happy Weekend to all! Weekend Reminders: Sunday, October 18th - 2:00-3:30 L'Chaim Choral Rehearsal - Location: Ring House Social Hall 1801 E. Jefferson Rockville, MD 20852

This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: "Member Council Meeting: What are some activities you would like to see on the KC calendar in the upcoming months?" - 10/21/1833: Alfred Nobel birthday - 10/23 World Series begins - National Crime Prevention Month (focus on aging) - Breast Cancer Awareness Month - Exercise - Games

Monday	Tuesday	Wednesday	Thursday	Friday
19 Happy Birthday Jean	20	21	22	23
KC at Germantown Community Center 9:30-1:30 Fall Foliage Outing to Black Hills Regional Park and then lunch at Pasaino's ***** 7:00-8:00 Care Circle Drop in with Colette on KC Zoom. Check email for link	KC at Parklawn Morning Mavens 9:00-1:00 11:00 Piano Music with Ed 12:30 Dance Yoga with Kathy ***** KC at Parklawn Afternoons 1:30-5:30 2:00 Art Class with Cecilia	KC at White Oak Senior Center 9:30-1:30 10:00 Music Therapy with Meghan 1:00 Dance Yoga with Kathy ***** Kesher Cafe Wednesdays 10:00-2:00	KC at Parklawn Morning Mavens 9:00-1:00 12:30 Dance Yoga with Kathy ***** KC at Parklawn Afternoons 1:30-5:30 ***** KC at Germantown Community Center 9:30-1:30	Shabbat Shalom and Happy Weekend to all! Weekend Reminders: Sunday, October 25th - 2:00-3:30 L'Chaim Choral Rehearsal - Location: Ring House Social Hall 1801 E. Jefferson Rockville, MD 20852

This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: "What are some of your Halloween Traditions?" - 10/29 Halloween Happy Hour - National Vegetarian Month - 10/26/1825: Erie Canal opens - 10/29/1929: Stock Market Crash - 10/28/1918: Jonas Salk (Physician and Epidemiologist) birthday - 10/28/1886: Dedication of the Statue of Liberty: virtual tour - Exercise - Games

Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
KC at Germantown Community Center 9:30-1:30 10:00 Music Therapy with Meghan	KC at Parklawn Morning Mavens 9:00-1:00 11:00 Storytelling with Sheldon ***** KC at Parklawn Afternoons 1:30-5:30 2:00 Storytelling with Sheldon	KC at White Oak Senior Center 9:30-1:30 11:00 Fire Safety with Kristy ***** Kesher Cafe Wednesdays 10:00-2:00	KC at Parklawn Morning Mavens 9:00-1:00 11:00 PALS: Pet Visits with Susan and Bella ***** KC at Parklawn Afternoons 1:30-5:30 ***** KC at Germantown Community Center 9:30-1:30	Shabbat Shalom and Happy Weekend to all! Weekend Reminders: Sunday, November 1 2:00-3:30 L'Chaim Choral Rehearsal - Location: Ring House Social Hall 1801 E. Jefferson Rockville, MD 20852