JSSA Gorlitz Kensington Clubs Calendar of Activities

12320 Parklawn, Dr. Rockville, MD 20852
Manager: Colleen Kemp, CTRS 301-255-4204 ckemp@jssa.org

SEPTEMBER 2026

month/year

This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: "It's Back to School Season: Let's share memories about going back to school" - National Potato Month - National Piano Month - How would you describe September?' Acrostic poem - 9/2/1945: World War II ends - Otago Exercise for Fall prevention month - Games

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Happy Birthday Avis (observed)	3 Happy Birthday Joanne (observed)and Ellis	4
	KC at Parklawn Morning Mavens 9:00-1:00 11:00 PALS: Pet Visits with Bella & Susan ********** KC at Parklawn Afternoons 1:30-5:30 3:00 Seated Yoga with Regine	KC at White Oak Senior Center 9:30-1:30m 11:00 Arts For The Aging: The Shape of Things with Marcie ********** Kesher Cafe "Wednesdays" 10:00-2:00	KC at Parklawn Morning Mavens 9:00-1:00 11:45 Music Therapy with Yvonne ********** KC at Parklawn Afternoons 1:30-5:30 1:45 Music Therapy with Yvonne ********** KC at Germantown Community Center 9:30-1:30 11:00 Arts For The Aging: Nature's Songs with Jael	September 5th - Happy Birthday Rivka

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This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: "What does Labor Day mean to you?" - 9/9/1850: CA became a State - 9/9/1986: Oprah Winfrey Show is broadcast nationally - 9/10/1929: September Sports Bio: Arnold Palmer (Pro Golfer) + KC Putt Putt- 9/11: Patriot Day - In September, The Pledge of Allegiance was published, and FS Key wrote a poem that became "The Star-Spangled Banner" - Rosh Hashana celebrations with honey/apple cake - Otago Exercise for Fall prevention month - Games

Monday	Tuesday	Wednesday	Thursday	Friday
7 Happy Birthday Colleen	8	9	10	11
KC at Germantown Community Center Closed in Observance of LABOR DAY	KC at Parklawn Morning Mavens 9:00-1:00 10:00 Intergenerational Program with Milton Gottesman Pre-K ********** KC at Parklawn Afternoons 1:30-5:30	KC at White Oak Senior Center 9:30-1:30 11:00 Storytelling with Sheldon: Mace Bugen a Giant of a Man ********** Kesher Cafe "Wednesdays" 10:00-2:00 ********** 10:30-11:30 Care Circle Drop in with Colette on KC Zoom. Check email for link	KC at Parklawn Morning Mavens 9:00-1:00 11:00 Cultural Arts with Lisa ********** KC at Parklawn Afternoons 1:30-5:30 2:30 Arts For The Aging: Music with Peter and Carlos ********** KC at Germantown Community 9:30-1:30	JSSA closes at 3:00 in observance of Rosh Hashanah

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This week at all Clubs: Welcome/Coffee/Tea/Question of the Day: It's Self Awareness Month: what are some thoughts, beliefs, and values that are important to you?" - Monarch migration begins: Let's learn about it - 9/15 to 10/15: Hispanic Heritage Month Begins: Let's learn about it - Snacks for Hispanic Heritage Month - 9/16 Mexican Independence Day - 9/15/1998: Google.com registered as domain name - 9/17/1985: Alexander Ovechkin: (Wash Caps Hockey Player) birthday - Johnny Appleseed Day: Apple tasting at all sessions - Spanish Bingo - Otago Exercise for Fall prevention month

Monday	Tuesday	Wednesday	Thursday	Friday
14 Happy Birthday Maria (Observed)	15	16	17	18
KC at Germantown Community Center 9:30-1:30 ********** 7:00-8:00 pm Caregiver Coping: How to Select a Long Term Care Facility with Kimberly Taylor. See email for Zoom link.	KC at Parklawn Morning Mavens 9:00-1:00 11:00 Arts For The Aging with Amy 12:30 Dance Yoga with Kathy ********** KC at Parklawn Afternoons 1:30-5:30	KC at White Oak Senior Center 9:30-1:30 10:00 Music Therapy with Meghan 1:00 Dance Yoga with Kathy ********** Kesher Cafe "Wednesdays" 10:00-2:00	KC at Parklawn Morning Mavens 9:00-1:00 11:00 Piano Sing Along with Ed 12:30 Dance Yoga with Kathy ********** KC at Parklawn Afternoons 1:30-5:30 2:30 PALS: Pet Visits with Bella & Susan ********** KC at Germantown Community Center 9:30-1:30 12:45 Art Therapy with Annie	Eli's Loaves of Love delivery between 1-3pm ********** Sunday, September 20 - 1:00 Virtual Kesher Cafe Care Partners Support Group on Zoom **See email for Zoom link

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This week at all Clubs: Welcome/Coffee/Tea/Question of the Day:"How does the change of season affect me?" - Falls Prevention Week - 9/15 to 10/15: Hispanic Heritage Month continues: Spotlight on the Arts: for example: Gloria Estefan (singer) and Diego Rivera (artist) - 9/22/1789: Congress established the U.S. Post Office - 9/23: International Day of Sign Language: Let's learn some sign language! 9/23/1869: "Typhoid Mary" birthday - 9/24/1936: Jim Henson (creator of The Muppets) birthday - Fall collages - Otago Exercise for Fall prevention month- Games -

Monday	Tuesday	Wednesday	Thursday	Friday
21	22 First Day of Fall	23	24 Happy Birthday Turhan and Diane	25
KC at Germantown Community Center CLOSED in observance of Yom Kippur	KC at Parklawn Morning Mavens 9:00-1:00 12:30 Dance Yoga with Kathy ********** KC at Parklawn Afternoons 1:30-5:30 2:00 Cultural Arts with Lisa	KC at White Oak Senior Center 9:30-1:30 1:00 Dance Yoga with Kathy ********** Kesher Cafe " Wednesdays" 10:00-2:00	KC at Parklawn Morning Mavens 9:00-1:00 12:00 Art Therapy with Annie ********** KC at Parklawn Afternoons 1:30-5:30 ********** KC at Germantown Community Center 9:30-1:30 11:00 Music Therapy with Yvonne	JSSA closes at 3:00 in observance of Sukkot

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Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30		
KC at Germantown Community Center 9:30-1:30 10:00 Music Therapy with Meghan	KC at Parklawn Morning Mavens 9:00-1:00 12:30 Dance Yoga with Kathy ********** KC at Parklawn Afternoons 1:30-5:30 2:00 Art Class with Cecilia	KC at White Oak Senior Center 9:30-1:30 10:00 Art Therapy with Annie ********** Kesher Cafe "Wednesdays" 10:00-2:00		