



### Coming of Age in Maryland (CoA) **SEPTEMBER-**OCTOBER 2018

A heartfelt **thank you** to our members: Your kind donations help us to provide quality and diverse CoA programs! We give special recognition to Ms. Peggy Slade, for her continued support & generosity!

For more information, please contact 301.348.3832 or fenoch@benderjccgw.org.

For social work services, please contact 301.816.2673 or abaronofsky@jssa.org.

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.

## **SAVE THESE**

13: Anastasia

wish to be removed call CoA if Please

from our mailing list

















### OVERNIGHT EXCURSION to PHILADELPHIA!!

Wednesday -Thursday October 10-11, 2018

10/10: Depart JCC ~ 8:30 AM; LW ~ 9:00 AM 10/11: Return ~ 6:00 PM [LW]; 6:30 PM [JCC]

#### Wednesday, October 10

- Luxury Coach (▶on-board restroom no stops)
- Coffee & Sweets on Bus
- Admission to Barnes Foundation a world-renowned collection of Impressionist paintings (Lunch Included)
- Dinner @ Ristorante Pesto [Italian Cuisine]
- Theatre: Irving Berlin's "Holiday Inn" [Orchestra Seating]
- Overnight: Wyndham Hotel [Includes Breakfast]
- Transportation provided to most sites [Moderate Walking]

#### Thursday, October 11

- National Museum of Jewish History w/ Docent-Led Tour
- Lunch [on your own] /Free Time @ Reading Market
- Snacks on Bus
- Return Home (Approximate arrival: 6:00-6:30 PM)

The cost for the trip, including everything listed above is \$465, double occupancy. [Share a room with a friend - please include your roommate's name; we do not match people up.] \$565/Single Occupancy. RSVP: August 31, 2018 (or until sold out.) No refunds after the RSVP date, unless your slot is filled.

### **Coa REGISTRATION FORM**

NameDate of Birt	
Address State Zip Code	_Apt. #
Phone # State	
Email	
Leisure World [CH2] Movie: Ben Gurion, Wed. Sept. 5 Fee: \$8/ticket (19050); \$10 [@ door]	RSVP 8/29 Amount \$_
Excursion: Olney Theatre, Thurs. Sept. 27 Fee: \$45 (18678)	RSVP 9/13 Amount \$
<b>Shaare Tefila, Music, Thurs. Oct. 4</b> Fee: \$8 (18622); \$10 [@ door]	RSVP 9/27 Amount \$_
Excursion: PHILLY!!, WedThurs., Oct 10-11 Fee: \$465 (19048); \$565/Single Rm (19049)	RSVP 8/31 Amount \$
►Name of roommate [if sharing]:	
<b>Beth Ami, Daryl Davis, Mon. Oct. 15</b> Fee: \$8 (18526); \$10/@ door	RSVP 10/8 Amount \$
Food 'n Fun: Pinstripes Bistro, Wed. Oct. 17 Fee: \$28(18671)	RSVP 10/7 Amount \$
Leisure World [CH2[ Movie: RBG, Tues., Oct. 23 Fee: \$8/ticket (18496); \$10 [@ door]	RSVP 10/16 Amount \$
I WANT TO BE A DONOR!  [Gifts of \$50 or more will be recognized in the  ➤ Your contribution is tax-deductible to the extent all  □ \$18 □ \$36 □ \$50 □ \$100 □ \$?	_
Method of Payment (check one) Total Amour	nt Paid \$

### CoA POLICIES Questions? Call 301-348-3832

► Registration & Payment

REGISTER ONLINE @ benderjccgw.org or by mail, with a credit card or by check

Make checks payable to **Bender JCCGW** and mail to:

Bender JCC - Coming of Age (CoA) 6125 Montrose Road Rockville, MD 20852

► Registration: Do Not Call To Register!

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment!

Coa Registration requires including the name & address of EACH participant on the Registration form, for EACH Coa program attended.

**▶** Refunds/Cancellations

There is no refund if you cancel after the RSVP date.

- ▶ Mailings: Please call us to be removed from our mailing list.
- ▶ Please call CoA at 301.348.3832 with any special needs.

#### ► IMPORTANT EXCURSION INFORMATION

The CoA staff calls each excursion registrant, usually **2-3 days before the trip, with bus departure times.** (An approximate departure time is noted in the CoA calendar.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

### Coming of Age & JRLW @ LEISURE WORLD Held @ 3300 N. Leisure World Boulevard [CH2] Fee: \$8; \$10 at door

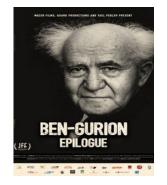
#### Movie Matinee:

### "Ben Gurion-Epilogue"

2016 ♦ 70 minutes ♦ Israeli (subtitles)

When: Wednesday, **September 5** 1:30- 3:30 PM RSVP 8/29 Where: Clubhouse II Auditorium ◆

Discussion to follow



An interview with **David Ben-Gurion**, one of modern history's greatest leaders, emerges from the obscurity of an archive. It takes place in 1968, Ben-Gurion is 82 years old, and lives in the seclusion of his home in the desert. His introspective soul-searching is the focus of this film, and his reflections provide a surprising vision for today's crucial decisions and for the future of Israel.

# RBG

### **Movie Matinee: "RBG"**

2018 ♦ 97 minutes ♦ English ♦ Documentary

When: Tuesday, **October 23**1:30 - 3:30 PM RSVP 10/16
Where: Clubhouse II Auditorium
Discussion to follow.

At the age of 84, **U.S. Supreme Court Justice Ruth Bader Ginsburg** has developed a breathtaking legal legacy while becoming an unexpected pop culture icon. But without a definitive Ginsburg biography, the unique personal journey of this diminutive, quiet warrior's rise to the nation's highest court has been largely unknown, even to some of her biggest fans - until now. **RBG** explores **Ginsburg 's** exceptional life and career, leaving you informed & inspired!

### CoA @ TEMPLE BETH AMI!

14330 Travillah Road, Rockville Fee: \$8; \$10 at door

### □ DARYL DAVIS Pianist & Singer Extraordinaire

Monday, October 15, 1:00 - 2:30 PM

**RSVP 10/8** 

The multi-talented **Daryl Davis** is back by popular demand, and will inform and entertain us about the history of Boogie Woogie! Known for his energetic style of Boogie Woogie piano, **Davis** has played with such musicians as Chuck Berry, Jerry Lee Lewis, B. B. King and yes, Bill Clinton. "Davis' piano work impresses with his winning combination of technique and abandon, and his vocals are strong and assured," wrote a reviewer in *Living Blues Magazine*. Let's listen, learn and dance in the aisles (or in our seats) as **Daryl** "raises the roof" with his music!

♥ Refreshments will be served

### Wishing you a Happy & Healthy New Year!



### **ALL PROGRAM REGISTRATION**

	Date of Birth/_
Address	Apt. # StateZip Code
City	StateZip Code
Phone #	Email
Adult Painting	
Code: 18499 [Mon,1:1	
Code: 18500 [Tues, 1:	
Aspects of Israel [We	·
Code: 18488	Amount \$
	ng [Sun, 10/28, 2:00pm]
Code: 19018	Amount \$
Creative Writing & Co Code: 18672	medy [wed, 7:30pm] Amount \$
	eichem [Sun, 10/21, 7:30pm]
[ACT 1]	Amount \$
• •	w Language [Thurs, 8:00pm]
Code: 19009	Amount \$
High Holidays-Unleas	hing Your Greatness [Thurs, 8:00pm]
Code: 19012	Amount \$
History of the State of	Israel [Mon., 10:30am]
Code: 18672	Amount \$
Judaism 101 [Thurs, 7	:30pm]
Code: 18681	Amount \$
Letters From the Hear	t [Tues, 1:00pm]
Code: 18487	Amount \$
	American Culture [Wed, 11:00am]
Code: 18486	Amount \$
Exploring Ultra-Ortho Code: 18480	dox Judaism @ LW [Thurs, 10:30am] Amount \$
	(abbalah @ LW [Tues, 11:00am] Amount \$
Method of Payme	<u>nt (</u> check one; NO CASH)
□ Check - Payable t	Bender JCC; Total Amount Paid \$
•	ard □ AmEx □ Discover
Cieuil Caiu #	Exp. Date:

### **ALL** (Adult Living & Learning) Program Fall Semester 2018 @ Leisure World\*

### **EXPLORING ULTRA-ORTHODOX JUDAISM** THROUGH AN ISRAELI TV SERIES

Thursdays, Oct 4 – Nov 15 ♦ 10:30am – 12:00pm

Instructor: Ira Weiss

Fee: \$30 [Note: Class held @ Leisure World]

Ira Weiss explores the 3rd season of the critically-acclaimed series, 'Srugim.' Discussion and commentary will follow.

#### CONNECTING THROUGH KABBALAH

Tuesdays, Oct 9–30 ♦ 11:00am – 12:00pm

Instructor: Ira Weiss

Fee: \$25 [Note: Class held @ Leisure World]

This course covers the ancient wisdom that reveals how the universe and life work. On a literal level, the word "Kabbalah" means "to receive." Join Rabbi Hillel Shaps from the Greater Washington Kollel as we explore this ancient spiritual path.

### **ALL REGISTRATION INFORMATION:**

How do I register for the **ALL** (Adult Living & Learning) programs?

► ONLINE @ benderjccgw.org ➤ ~or~ by MAIL

(see registration form on page 12)▶▶▶

▶ Questions about ALL? Call or email **Debbie Sokobin** 301.348.3760 or dsokobin@benderjccgw.org

### **FOOD 'N FUN**

### **PINSTRIPES BISTRO**

Game: "Movie Trivia"

Wednesday, **October 17 ◆** 12:30 - 3:00 PM RSVP 10/7

11920 Grand Park Ave. North Bethesda Located in the Pike & Rose Shopping Center [Outdoor parking lot: Free 2 hr. parking/ \$1for 3rd hr.] Cost: \$28/Lunch & Program

Join us for our first visit to the **Pinstripes Bistro!** We'll eat. we'll play, and we'll enjoy each other's company!

#### Customer reviews:

"Yummy Italian-American food." "Nice service, lovely ambiance, and delicious food." "New. beautiful restaurant!

### **POLINGER Artists of Excellence Concerts:**

Sunday evenings at 7:30 PM

October 14, 2018 ♦ Roman Rabinovich, Piano Bach, Rachmaninoff & Schubert

Ticket Prices: \$46/Regular; \$41/Senior adults; \$31/Under 40

▶ To purchase tickets go to benderjccgw.org/concerts or call the Box Office at 301.348.3872

### **EXCURSIONS**

### Olney Theatre Center *presents*"South Pacific"

Thursday, **September 27** 

**RSVP 9/13** 

8:00 PM Show

Depart JCC ~6:45 PM; Leisure World ~7:15 PM

**Return ~ 11:00 PM** 

Cost:\$45; \$20/Transportation

With songs like "Some Enchanted Evening," "I'm Gonna Wash That Man Right Outa My Hair," and "Bali Ha'i," *South Pacific* is one of the most beloved of American musicals. Set on a remote Pacific island during World War II, *South Pacific* gives us the unforgettable love story between nurse Nellie Forbush and French expatriate Emile de Becque. Rodgers and Hammerstein's 1950 Pulitzer Prize-winner was ahead of its time with its unflinching look at racism and prejudice that maintains its relevance today.



### OVERNIGHT EXCURSION to PHILADELPHIA!!

Wednesday, October 10 - Thursday, October 11, 2018

10/10: Depart JCC ~ 8:30 AM; LW ~ 9:00 AM 10/11: Return ~ 6:00 PM - LW; 6:30 PM - JCC

Please see the back of the front page for trip details!

RSVP: August 31, 2018 (or until sold out)

No refunds after the RSVP date, unless slot can be filled. **NOTE:** We will accept Philadelphia registrations by phone.

► Questions? 301.348.3832 ~OR~ fenoch@jccgw.org

► We reserve the right to make changes if necessary.

### **ALL** (Adult Living & Learning) Program Fall Semester 2018 @ the Bender J

### **History of the State of Israel**

Mondays, Oct. 15 – Nov. 19 ♦ 10:30am – 12:00pm

Instructor: Ira Weiss

Fee: \$32/Members; \$42/Gen. Public

**Ira Weiss** traces Israel's history through a documentary series produced by the Israel Broadcast Authority. Class will include commentary and discussion.

### **Nature of Prejudice in American Culture**

Wednesdays, Oct. 24 – Nov. 14 ♦ 11:00am – 12:00pm Instructor: Professor Andrew Krieger

Fee: \$27/Members; \$37/Gen. Public

**Prof. Andrew Krieger** discusses the nature of prejudice in the U.S. - how it spreads, and if society is making progress. This timely class explores pop-cultural phenomena such as "All in the Family" and "Roseanne" and their impact.

### **Aspects of Israel: Complex & Beautiful**

Wednesdays, Nov 28 – Dec 19 ♦ 10:30 – 11:30am

Intructors: Shlichim (Israeli Emmissaries) Fee: \$27/Members; \$37/Gen. Public

This course explores the many facets of Israeli society - from food to innovations to religious issues. The Shlichim, working with the Greater Washington Jewish Community, share their insight, 'ruach' [spirit] and love of Israel with us!

### **ALL** (Adult Living & Learning) Program Fall Semester 2018 @ the Bender J

#### **Letters From the Heart**

Tuesdays, Oct 9 – 30 ♦ 1:00 – 2:15pm Instructor: Rabbanit Chava Evans Fee: \$45/Members; \$55/Gen. Public

In this four-part workshop with **Rabbanit Evans**, participants will craft a document giving a voice to the values and life lessons you wish to carry forward to your family. Embed your emotional & spiritual journey into your story, as you create this

timeless document. [Code: 18487]

### Judaism 101

Thursdays, Oct 11 - Nov 1 ♦ 7:30 - 8:30pm

Instructor: Rabbanit Chava Evans Fee: \$65/Members; \$75/Gen. Public

Have you forgotten what you learned in Hebrew School? Interested in the basics of Jewish practice, its roots & beauty? Join **Rabbanit Chava Evans** in this meaningful class!

-----

### Hidden Code of the Hebrew Language & Aleph Bet

Thursdays, Oct 11 – Nov 1 ♦ 8:00 – 9:00pm

Instructor: Rabbi Hillel Shaps

Fee: \$65/Members; \$75/Gen. Public

**Rabbi Hillel Shaps**, Greater Washington Kolel, teaches how the holy Hebrew letters contain secrets that define reality!

### CoA @ Shaare Tefila! - Cost: \$8; \$10/at door 16620 Georgia Ave., Olney

Near 'Roots' grocery store, only 5 min. from LW (LEFT at Emory Church Rd., Cross Georgia Ave., LEFT on Service Road)

### Seth Kibel & Vladimir Fridman Spanning the Globe — Music From Around the World!

Thursday, **October 4**, 1:30-3:00 PM RSVP 9/27

Seth Kibel (woodwinds) and Vladimir Fridman (guitar/vocals) will take you on a trip around the world with their improvisational spirit and true virtuosity. They will demonstrate their skill and passion for jazz, klezmer, Russian, classical and Latin American music styles as they blend influences from around the world.

♥ Refreshments will be served.

#### **SONG CIRCLE!**

Tuesdays • 1:00 to 2:30pm Sept 4; Oct 16; Nov 6, 20; Dec 4, 18



Contact Frieda: 301.348.3809 or fenoch@benderjccgw.org

➤ Sponsored by the Bender JCC Adult Department and the Folklore Society of Greater Washington (fsgw.org)

### **FUTURE EXCURSIONS - SAVE THE DATE!**

Tuesday, November 13 ◆ 7:30 PM Performance "Anastasia," Kennedy Center

Sunday, December 9 ♦ 2:00 PM Performance "Billy Elliott," Signature Theatre

### FOR YOUR ENJOYMENT @ THE BENDER J!

#### AN EVENING OF SHOLEM ALEICHEM

Sunday, October 21 ♦ 7:30pm Fee: \$20/Members; \$24/General Public

Spend an evening with Tony-award winner **Murray Horwitz** as he becomes Sholom Aleichem, the leading Yiddish author and playwright of the early 20th century.

#### **BEADED JEWELRY-MAKING SEMINAR**

Sunday, Oct. 28 ♦ 2:00 – 5:30pm Instructor: Elaine Robnett Moore Fee: \$100/Members; \$125/General Public

Whether you're new or experienced in making jewelry, join this class and create a necklace, bracelet or earrings, utilizing unique hand-selected beads & wires. **Artist Elaine Robnett Moore** provides the tools & materials and walks us through the process. You will leave with a keepsake!

IT'S NEVER TOO LATE TO LEARN TO PLAY THE PIANO, GUITAR, VIOLIN, WOODWIND, BRASS ~OR~ EVEN DRUMS!
TAKE LESSONS @ THE BENDER J!

#### **MUSIC LLESSONS**

Fulfill your childhood dream of learning music at the Bender JCC! Studies show learning to play an instrument engages almost every area of the brain improving functions such as visual, auditory, motor, and memory. Private instruction is offered Sunday through Friday year round for students of all ages. The Bender JCC offers lessons in piano, guitar, percussion, woodwind, violin, and brass.

► Contact **Samantha Greenwald** with questions. (301) 348-3767 or <a href="mailto:sgreenwald@benderjccgw.org">sgreenwald@benderjccgw.org</a>

### **ALL** (Adult Living & Learning) Program Fall Semester 2018 @ the Bender J

### **High Holidays - Unleashing Your Inner Greatness**

Thursdays, Aug 30 – Sept 13 ♦ 8:00 – 9:00pm ♦ *FREE* 

Rabbi Hillel Shaps, of Greater Washington Kolel will explain how the High Holidays can help us learn more about ourselves, ascertain our unique mission, and unleash the potential for greatness in each of us!

### **LINKS - Adult Text Study Program**

Wednesdays - Ongoing ◆ 8:00 - 9:00pm ◆ FREE Rabbi Hillel Shaps, Greater Washington Kolel

#### **ADULT PAINTING**

Mondays, Oct 8 – Nov 5 ♦ 1:15 – 2:45pm

Instructor: Gabriela Roitman

Fee: \$82/Members; \$92/General Public

Have you ever wanted to paint a masterpiece? Whether or not you have ever held a brush to a canvas, Gabriela will walk you step-by-step through the creation of up to TWO beautiful pieces of original work. (Material fees included)

Tuesdays, Nov 12 – Dec 10 ◆ 1:15 – 2:45pm Fee: \$82/Members; \$92/General Public ◆

\*See description above.

### **Creative Writing & Comedy Workshop**

Wednesdays, Oct 9 – Dec 11 ◆ 7:30– 9:00pm

Instructor: Karin Naor

Fee: \$225/Members; \$245/General Public

This comic, creative writing workshop is a wonderful way to discover your creative talent, sharp observations and funny side. We'll learn how to write a story and ultimately perform!