

Non-Profit Org.  
U.S. Postage  
PAID  
Rockville, MD  
Permit No. 91

# Coming of Age in Maryland (CoA)

## JANUARY- FEBRUARY 2018

A heartfelt **thank you** to our members for your generous donations, helping to support quality & diverse CoA programs! We'd like to give additional recognition to those whose donations were \$50 & more: Loraine Suskind-Robins & Steve Robins, Renie Jurist, Bob & Joy Stromberg and Peggy Slade.

**For more information, please contact  
301.348.3832 or [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org).**

**For social work services, please contact  
301.816.2673 or [abaronofsky@jssa.org](mailto:abaronofsky@jssa.org).**

*Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.*

**► Inclement Weather Policy**  
**When MCPS is closed, the CoA program is canceled. If schools have a delayed opening, please call the CoA office @ 301.348.3832 for the latest update on that day's event.**





Ari Baronofsky LCSW  
 abaronofsky@jssa.org  
 301-816-2673

As winter approaches, I want to take an opportunity to re-introduce myself to everyone at Coming of Age. In addition to helping Coming of Age with its important work, I also work for the Jewish Social Service Agency providing consultations for individuals, couples, and families to help them think about and plan for aging well.

“Aging well” means enabling seniors to live active, independent lives, while remaining safe and healthy. Our needs change as we age, sometimes rapidly. Having someone with knowledge, experience, and understanding to help us and our families as we navigate the changes can often be helpful and reassuring.

I’m happy and excited to continue being a part of the Coming of Age team! Feel free to call me for assistance, to schedule a free consultation, or just to say hi.

~ Ari ~



## CoA REGISTRATION FORM

To register by mail, complete & submit this form to:  
 JCCGW, Attn: CoA // 6125 Montrose Rd., Rockville, MD 20852

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

**Shaare Tefila, Blues&Swing Concert, Wed. Jan. 17**      **RSVP 1/10**  
**Fee: \$7 (18069); \$8/@ door**      **Amount \$\_\_**

**JCC ‘Hot Topics’ Lecture: Trump’s 1st Year! Thurs. Jan. 18**  
**Fee: \$10 [ACT I]; \$12/@ door**      **RSVP 1/11**  
**Amount \$\_\_**

**Movie @ LW: Keep Quiet, Wed. Jan. 24**      **RSVP 1/17**  
**Fee: \$7 (18065); \$8/@ door**      **Amount \$\_\_**



**Kennedy Center Trip: “On Your Feet” Thurs. Jan. 25**      **RSVP 1/15**  
**Fee: \$76 (18067); \$20/Transportation (18068)**      **Amount \$\_\_**

**Shaare Tefila, Art Lecture, Thurs., Feb. 15**      **RSVP 2/8**  
**Fee: \$7 (17803); \$8/@ door**      **Amount \$\_\_**

**Movie @ LW: Fanny’s Journey, Thurs. Feb. 22**      **RSVP 2/15**  
**Fee: \$7/ticket (18066); \$8/@ door**      **Amount \$\_\_**

### I WANT TO BE A DONOR in 2018!

[Gifts of \$50 or more will be recognized in the CoA booklet]

► Your contribution is tax-deductible to the extent allowed by law.

\$18    \$36    \$50    \$100    \$\_\_\_\_   **Amount \$\_\_\_\_\_**

#### Method of Payment (check one; NO CASH)

Check - Payable to Bender JCC      **Total Amount Paid \$\_\_\_\_\_**

VISA    MasterCard    AmEx    Discover

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

## CoA POLICIES

### ► Registration & Payment

**REGISTER ONLINE @ [benderjccgw.org](http://benderjccgw.org) or by mail,  
with a credit card or by check:**

Make checks payable to **Bender JCC** and mail to:

**Bender JCC - Coming of Age  
6125 Montrose Road  
Rockville, MD 20852**

### ► Registration: Do Not Call To Register!

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment !

**NOTE:** Program may sell-out before the RSVP date.

►► **When registering for any and all CoA programs, you must include the name, address & phone # of EACH participant!**

You may enter this information on your Registration form, or on a separate piece of paper.

### ► Refunds/Cancellations

**There is no refund if you cancel after the RSVP date.**

► **Mailings:** Please call us to be removed from our mailing list.

► Please call **CoA** at **301.348.3832** with any **special needs**.

### ► **IMPORTANT EXCURSION INFORMATION**

The CoA staff calls each excursion registrant, usually **2-3 days before the trip, with bus departure times**. (An approximate departure time is noted in the CoA calendar.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

## Coming of Age & JRLW @ LEISURE WORLD

3300 N. Leisure World Boulevard

Fee: \$7; \$8 @ door

### ***Movie Matinee: "Keep Quiet"***

2016 ♦ 97 minutes ♦ Documentary

UK, Hungary; English + Hungarian w/English Subtitles

**When: Wednesday, January 24, 1:30 - 3:30 PM** RSVP 1/17

**Where: Clubhouse II Auditorium ♦ Discussion to follow**

This film is a riveting documentary about a young Hungarian neo-Nazi leader whose life is upended when he discovers his Jewish roots. He enlists the help of the Rabbi, head of the Orthodox community in Budapest. It is up to the viewer to decide whether his newfound religiosity is sincere or just another calculated political move.

---

### ***Movie Matinee: "Fanny's Journey"***

2016 ♦ 94 minutes ♦ Drama

French (with English Subtitles)

**When: Thursday, February 22, 1:30- 3:30 PM** RSVP 2/15

**Where: Clubhouse II Auditorium ♦ Discussion to follow.**

Based on a true story, "**Fanny's Journey**" is an incredible tale of bravery, strength and survival, a story of a daring young girl who will stop at nothing and fear no one. In 1943, 13-year old Fanny and her younger sisters were sent from their home in France to an Italian foster home for Jewish children. When the Nazis arrive in Italy, their caretakers desperately organize the departure of the children to Switzerland. When they are suddenly left on their own, these 11 children do the impossible and reach the Swiss border to freedom. *\*Audience award winner of many Jewish film festivals!*

At The Bender JCC!  
6125 Montrose Rd., Rockville



### President Trump's First Year: 12 Months Unlike Any Other!

Thursday, January 18 RSVP 1/11  
When: 7:30 PM  
Where: Bender JCC -Goldman Art Gallery  
Fee: \$10; \$12 @ Door

President Donald Trump's first year in office has generated numerous "breaking news" headlines, talk show analyses and heated discourse. As the one-year anniversary of the inauguration approaches, we have invited **Ms. Liz Schroyer**, a highly respected political strategist, to take a step back from the day-to-day fervor on Capitol Hill and the White House to analyze President Trump's 1st year in office and its impact. **Ms. Schroyer** is the President & CEO of Schroyer & Assoc. Inc., a Washington-based political consulting and strategic planning firm. She will objectively examine the changes in Washington D.C. and throughout the country, the high points and low points, and how the political landscape has changed in 12 tumultuous months.

♥ Refreshments will be served.

## ALL (Adult Living & Learning) Series PROGRAM REGISTRATION

REGISTER ONLINE @ [jccgw.org](http://jccgw.org) or by mail

► Questions about ALL? Call or email **Debbie Sokobin** 301.348.3760 or [dsokobin@jccgw.org](mailto:dsokobin@jccgw.org)

To register by mail, complete & submit this form to: JCCGW  
Attn: ALL // 6125 Montrose Rd., Rockville, MD 20852

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address \_\_\_\_\_ Apt. # \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_ Zip Code \_\_\_\_\_  
Phone # \_\_\_\_\_  
Email \_\_\_\_\_

- Introduction to Kabbalah @LW [Mon, 11:00am] Amt \$ \_\_\_\_\_  
Code 18063
- Aspects of Israel Complex & Beautiful @LW [Thurs, 1:15pm] Amt \$ \_\_\_\_\_  
Code 17616
- Exploring Ultra-Orthodox Judaism @LW [Thurs, 10:30am] Amt \$ \_\_\_\_\_  
Code 17615
- Adult Painting [Mon, 1:15pm] Amt \$ \_\_\_\_\_  
Code 17634
- Jewish Ethical Wills [Tues, 7:30pm] Amt \$ \_\_\_\_\_  
Code 17622
- Torah Study Lunch\* & Learn [Thurs, 12:30pm] Amt \$ \_\_\_\_\_  
Code 17621
- Pillar of Fire: History of Zionism [Mon, 10:30am] Amt \$ \_\_\_\_\_  
Code 17624
- American Presidency [Mon, 10:00am] Amt \$ \_\_\_\_\_  
Code 18049

### Method of Payment (check one; NO CASH)

- Check - Payable to Bender JCC Total Amount Paid \$ \_\_\_\_\_
- VISA     MasterCard     AmEx     Discover

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

## ALL (Adult Living & Learning) Series Spring Semester @ Leisure World

### Introduction to Kabbalah

Mondays, Feb 26 – Mar 19 ♦ 11:00am - 12:00pm  
Instructor: Rabbi Hillel Shaps  
Fee: \$27  
Code: 18063

Discover the ancient secrets of Kabbalah and learn how to gain a greater connection to the Divine, to your peers, and to your inner soul. Join **Rabbi Hillel Shaps** from the Greater Washington Kollel on an exploration of this ancient spiritual path.

-----

### Aspects of Israel: Complex & Beautiful

Thursdays, Feb 22 – Mar 15 ♦ 1:15- 2:15pm  
Facilitators: Israeli Shlichim  
Fee: \$27  
Code: 17616

This course will explore the many facets of Israeli society. Each week a different *Shaliach* – Israeli Emissary – will give a talk about a different aspect of Israel, including the food scene, the military and Israel's economy.

-----

### Exploring Ultra-Orthodox Judaism

Thursdays, April 12 – May 31 (Skip date 5/24)  
Time: 10:30 - 12:00pm  
Instructor: Ira Weiss  
Fee: \$27  
Code: 17615

Join this exploration of the Ultra-Orthodox community in Israel with scholar **Ira Weiss** as we view the highly acclaimed Israeli television series "Srugim". Ira will introduce each episode and then lead a follow-up discussion.

CoA @ Shaare Tefila! - Cost: \$7; \$8 @ Door  
16620 Georgia Ave., Olney

Near 'Roots' grocery store, only 5 min. from LW  
(LEFT at Emory Church Rd., Cross Georgia Ave.,  
LEFT on Service Road)

### GINA DESIMONE & THE MOANERS Blues & Swing

Wednesday, January 17, 1:30-3:00 PM **RSVP 1/10**

**Gina DeSimone & The Moaners** are a DC-based blues and swing foursome that will liven up the room with an eclectic mix of music from all eras! Since 2007, The Moaners have made their mark on the DC music scene with unrelentingly danceable tunes and fun-loving humor. The group's musically-diverse backgrounds come together to deliver enthusiastic, fun, foot tappin' rhythm and snappy harmonies.

♥ Refreshments will be served.

-----

### LECTURE: "CRIMES OF THE ART"

*Led by* **ANN WIKER**  
Director, Art Exposure, Inc.

Thursday, February 15, 1:30 - 3:00 PM **RSVP 2/8**

The U.S. Department of Justice currently ranks art crime as the third-largest criminal enterprise in the world. The increase in international art transactions has helped create a booming market for stolen and fraudulent art, and major US arts institutions still struggle with repatriation of stolen or looted objects in their collections. **Ms. Wiker** will explore why vandalism of art occurs, which art has been vandalized and by whom. She will also speak to the stolen art from the Holocaust.

## EXCURSION

### The Kennedy Center *presents* ***On Your Feet!***

### ***The Emilio & Gloria Estefan*** ***Broadway Musical***

**Thursday, January 25** **RSVP 1/15**  
**Depart LW ~ 10:00 AM; Bender JCC ~ 10:30 AM**  
**Show: 1:30 PM**  
**Location: 2700 F St NW, Washington, DC**  
**Cost: \$76/ticket (Orchestra Seats); \$20/transportation**

**“The very air in the room seems to vibrate in this undeniably crowd-pleasing musical!”**  
- *The New York Times*

**“Ferociously fun, feel-good musical!”**  
- *Entertainment Weekly*

From their humble beginnings in Cuba, Emilio and Gloria Estefan came to America and broke through all barriers to become a crossover sensation at the very top of the pop music world. But just when they thought they had it all, they almost lost everything. From international superstardom to life-threatening tragedy, ***On Your Feet!*** takes you behind the music and inside the real story of this record-making and groundbreaking couple who, in the face of adversity, found a way to end up on their feet. ***On Your Feet!*** features some of the most iconic songs of the past quarter century—and one of the most inspiring stories in music history.

Preceding the show, we'll go to the Kennedy Center Café where you may purchase lunch or bring your own.

## ***ALL (Adult Living & Learning) Series*** **Spring Semester @ the Bender JCC**

### **Adult Painting**

Mondays, Jan 29 – Feb 26 ♦ 1:15 - 2:45pm  
Instructor: Gabriela Roitman  
Fee: \$90/Members; \$100/General Public  
Code: 17634

Have you ever wanted to paint a masterpiece? Whether or not you have ever held a brush to canvas, **Gabriela Roitman** will walk you through the creation of up to two beautiful pieces of original work.

---

### **American Presidency**

Mondays, Feb 26 – Mar 19 ♦ 10:00–11:15am  
Instructor: Paul Levy  
Fee: \$27/Members; \$37/General Public  
Code: 18049

This course will study the origin, growth and state of the American presidency based on real case studies: the organization and development of the Executive Office, the president as legislator, the president and foreign policy and the president as Commander-in-Chief.

---

### **Pillar of Fire: Exploration of Zionism**

Mondays, March 26– May 14 ♦ 10:30am - 12:00pm  
Instructor: Ira Weiss  
Fee: \$32/Members; \$42/General Public  
Code: 17624

An exploration of the History of Zionism through Israeli documentary footage. Experience a condensed history of the Jewish state through lecture and film footage with scholar **Ira Weiss**.



## ALL (Adult Living & Learning) Series Spring Semester @ the Bender JCC

### Introduction to Kabbalah

Thursdays, Jan 4-Jan 25 ♦ 7:30–8:30pm [Evening class]

Instructor: Rabbi Hillel Shaps

Fee: \$27/Members; \$37/General Public

Code: 18062

Discover the ancient secrets of Kabbalah and learn how to gain a greater connection to the Divine, to your peers, and to your inner soul. Join **Rabbi Hillel Shaps** from the Greater Washington Kollel on an exploration of this ancient spiritual path.

-----

### Jewish Ethical Wills Project

Tuesdays, Feb 6 – Feb 27 ♦ 7:30–9:00pm [Evening class]

Instructor: Rabbanit Chava Evans

Fee: \$45/Members; \$55/General Public

Code: 17622

Jewish Ethical Wills are known as the “Torah of our Lives.” Join **Rabbanit Chava Evans** of the Bender JCC staff, on a journey of Torah, ethics, culture and family legacy, and create a document to share with your family.

-----

### Torah Study Lunch\* & Learn

Thursdays, Feb 8 – March 8 ♦ 12:30–1:30pm

Instructor: Rabbi JoHanna Potts

Fee: \$27/Members; \$37/General Public

Code:17621

Study the Book of Exodus with **Rabbi JoHanna Potts** of The Jewish Studio. The class will read key commentaries and text together and connect the dots to uncover truths about human nature, our place in the world and the relationship between humans and the divine. \*Bring a dairy/vegetarian brown bag lunch or purchase something yummy from the JCC Canteen!



► Registration for CoA's Overnight Trip to NYC will become available in the March-April booklet, which you'll receive in the beginning of February. Please note that the date and most of the programming will remain the same. We apologize for any inconvenience. Thank you!

### Save the Date:

#### OVERNIGHT EXCURSION to NYC!!

Wednesday -Thursday ♦ April 18-19, 2018

4/18: Depart JCC ~ 8:00 AM; LW ~ 8:30 AM

4/19: Return ~ 8:00 PM [LW]; 8:30 PM [JCC]

#### Wednesday, April 18

- Luxury Motor Coach [on-board restroom]
- Coffee & Snack; Boxed Lunch on Bus
- Broadway Musical: “Come From Away” [Orchestra Seating]
- Dinner @ Molyvos Restaurant [Greek Cuisine]
- Overnight: Stewart Hotel
- Transportation provided to most sites [Moderate Walking; incl. two unassisted [~15-minute] walks to restaurants]

#### Thursday, April 19

- Museum of Modern Art [MOMA] w/ Docent-Led Tour
- Lunch @ The Palm [American Cuisine]
- Snacks on Bus
- Return Home (Approximate arrival: 8:00-8:30 PM)
- Note: Breakfast [at hotel] is on your own!

**Note:** Substitutions may need to be made.

► Questions? 301.348.3832 ~OR~ [fenoch@jccgw.org](mailto:fenoch@jccgw.org)

## TUESDAYS @ THE J!

### Selma Sweetbaum Senior Satellite Program

Join us every Tuesday for this *FREE\** program:

10:00 – 11:00 AM

Weekly Exercise; Monthly Blood Pressure Check

11:00 AM – 12:00 PM

Guest Speaker/Entertainment

12:00 PM

Delicious, Kosher Meals - \*\$5 suggested donation

1:00 PM

♪ Jewish Chorus/Song Circle ♦ Led by Frieda

► For more information, contact Linda Wechsler:  
301.348.3893 or [lwechsler@benderjccgw.org](mailto:lwechsler@benderjccgw.org).

## ALL (Adult Living & Learning) @ the J

Intergenerational Technology Class [ongoing]

Thursdays, February 1 - May 17 ♦ 3:30 – 4:30pm

[Code: 17597]

► For more information, contact Stacy Olivera  
301.348.3889 or [solivera@benderjccgw.org](mailto:solivera@benderjccgw.org).

## Women's Connections

Mondays ♦ 10:45 a.m. - 12:00 p.m.

Bender JCC – IAC Room

- All women welcome
- Engaging topics
- Socialize and make new friends

~ Facilitated by **Enid Portnoy**

► For more information, contact Stacy Olivera  
301.348.3889 or [solivera@benderjccgw.org](mailto:solivera@benderjccgw.org).

## THE SOUNDS OF MUSIC @ THE BENDER JCC!

### SONG CIRCLE!

Tuesdays, January 2, 16; February 6, 20

1:00 to 2:30 PM

♪ The song circle is about the joy of singing

♪ All are welcome, regardless of experience or level of ability

♪ Song sheets will be provided

Contact Frieda : 301.348.3809 or [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org)

► Sponsored by the Bender JCC Senior Adult Dept. and  
the Folklore Society of Greater Washington ([fsgw.org](http://fsgw.org))

---

## POLINGER ARTISTS OF EXCELLENCE Exquisite Classical Music @ the Bender JCC!

### FREE Mini-Concert

*Featuring Alon Goldstein, Pianist*

Tuesday, January 23 ♦ 11:00 AM ♦ Kreeger

### Save these Dates:

March 11, 2018

April 15, 2018

May 6, 2018

Gryphon Trio, Piano Trio

Escher Quartet, String Quartet

Shanghai Quartet & Alexander Fiterstein,  
String Quartet & Clarinet

Go to [www.benderjccgw.org/concerts](http://www.benderjccgw.org/concerts) to register. For more  
information, contact Janet Getz: 301.348.3779.