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# Coming of Age in Maryland (CoA)

## NOVEMBER- DECEMBER 2017

**THANK YOU Dr. Fagan** and all our donors!  
Your generous donations to CoA help us  
continue to bring quality programming to  
our members! Frieda & Melanie (CoA staff)

**For more information, please contact  
301.348.3832 or [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org).**

**For social work services, please contact  
301.816.2673 or [abaronofsky@jssa.org](mailto:abaronofsky@jssa.org).**

*Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.*

**▶ IMPORTANT REQUEST**

**Please call CoA  
if you wish to be removed  
from our mailing list.  
We (and the trees) thank  
you!**

**Bender JCC**  
of Greater Washington

6125 Montrose Road  
Rockville, MD 20852





**Ari Baronofsky LCSW**  
 abaronofsky@jssa.org  
 301-816-2673

## Food For Thought

With the fall being a time of reflection, renewal and time with family & friends, I want to remind you about the services that are available to you at JSSA. JSSA provides people of all ages, services that help them deal with life's challenges. JSSA's staff consists of experienced professionals who will work with you, either in the comfort of your own home, or in a JSSA office.

JSSA's staff is available to help you work on individual goals, address life transitions, and respond to circumstances that impact your life. If you think that you would benefit from talking to someone, please call me at the number above or come see me at the next event.

### JSSA Social Services

- Information and Referrals
- Support Groups
- Individual Counseling
- Phone and In-Person Consultations
- Assistance with Next Steps

## CoA REGISTRATION FORM

To register by mail, complete & submit this form to:  
 JCCGW, Attn: CoA // 6125 Montrose Rd., Rockville, MD 20852

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

**Movie @ LW: Above & Beyond, Thurs. Nov. 9**      **RSVP 11/2**  
**Fee: \$7 (17559); \$8/@ door**      **Amount \$\_\_\_\_\_**

**Theatre Excursion: "Pajama Game" Wed. Nov. 15**      **RSVP 11/6**  
**Fee: \$50 (17394); \$20/Transportation (17450)**      **Amount \$\_\_\_\_\_**

**Shaare Tefila, Concert, Thurs. Nov. 16**      **RSVP 11/9**  
**Fee: \$7 (17328); \$8/@ door**      **Amount \$\_\_\_\_\_**

**Food 'n Fun: Seasons 52, Wed. Nov. 29**      **RSVP 11/17**  
**Fee: \$25 (17397)**      **Amount \$\_\_\_\_\_**



**Theatre Excursion, "Crazy For You" Sun eve, Dec. 3**      **RSVP 11/20**  
**Fee: \$55 (17400); \$20/Transportation (17452)**      **Amount \$\_\_\_\_\_**

**Shaare Tefila, Lecture, Thurs. Dec. 7**      **RSVP 11/30**  
**Fee: \$7 (17562); \$8/@ door**      **Amount \$\_\_\_\_\_**

**Beth Ami, Jewish Music, Mon. Dec. 11**      **RSVP 12/4**  
**Fee: \$7/ticket (17561); \$8/@ door**      **Amount \$\_\_\_\_\_**

**Fun 'n Food @ the J: "The Bronx" Fri. Dec. 15**      **RSVP 12/5**  
**Fee: \$25 (17556)**      **Amount \$\_\_\_\_\_**

**Movie @ LW: Shalom Italia, Mon. Dec. 18**      **RSVP 12/11**  
**Fee: \$7/ticket (17560); \$8/@ door**      **Amount \$\_\_\_\_\_**

### I WANT TO BE A DONOR!

[Gifts of \$50 or more will be recognized in the CoA booklet]

► Your contribution is tax-deductible to the extent allowed by law.

\$18    \$36    \$50    \$100    \$\_\_\_\_\_   **Amount \$\_\_\_\_\_**

### Method of Payment (check one; NO CASH)

Check - Payable to Bender JCC      **Total Amount Paid \$\_\_\_\_\_**

VISA    MasterCard    AmEx    Discover

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

## CoA POLICIES

### ► Registration & Payment

**REGISTER ONLINE @ [benderjccgw.org](http://benderjccgw.org) or by mail, with a credit card or by check:**

Make checks payable to **Bender JCC** and mail to:

**Bender JCC - Coming of Age  
6125 Montrose Road  
Rockville, MD 20852**

### ► Registration: Do Not Call To Register!

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment!

**NOTE:** Program may sell-out before the RSVP date.

►► **When registering for any and all CoA programs, you must include the name, address & phone # of EACH participant!** You may enter this information on your Registration form, or on a separate piece of paper.

### ► Refunds/Cancellations

**There is no refund if you cancel after the RSVP date.**

► **Mailings:** Please call us to be removed from our mailing list.

► Please call **CoA** at **301.348.3832** with any **special needs**.

### ► IMPORTANT EXCURSION INFORMATION

The CoA staff calls each excursion registrant, usually **2-3 days before the trip, with bus departure times**. (An approximate departure time is noted in the CoA calendar.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

## Coming of Age & JRLW @ LEISURE WORLD

3300 N. Leisure World Boulevard

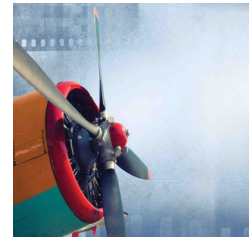
Fee: \$7; \$8 @ door

### **Movie Matinee: "Above & Beyond"**

2015 ♦ 87 minutes ♦ English (no subtitles)

**When: Thursday, November 9, 1:30 - 3:30 PM RSVP 11/2**

**Where: Clubhouse II Auditorium ♦ Discussion to follow**



In 1948, just three years after the liberation of the Nazi death camps, a group of Jewish American pilots answered a call for help. In secret and at great personal risk, they smuggled planes out of the U.S., trained behind the Iron Curtain in Czechoslovakia, and flew for Israel in its War of Independence. This ragtag band of brothers not

only turned the tide of the war, they also embarked on personal journeys of discovery and renewed Jewish pride. **Above and Beyond** is their story, a fascinating, little-known tale filled with heart, heroism, and high-flying chutzpah.

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### **Movie Matinee: "Shalom Italia"**

2016 ♦ 70 minutes ♦ Documentary

Hebrew, Italian (with English Subtitles)

**When: Monday, December 18, 1:30- 3:00 PM RSVP 12/11**

**Where: Clubhouse II Auditorium ♦ Discussion to follow.**

Three Italian Jewish brothers set off on a journey through Tuscany, in search of a cave where they hid as children to escape the Nazis. Their quest is full of warmth, humor, food and beautiful Tuscan landscapes. Through these men a picture begins to emerge about how we control our memories and how we allow the past to guide us through our present lives. These brothers have shared a harrowing experience, but have all taken different lessons from it. **"Shalom Italia"** takes you on a profound, funny, and endearing exploration of individual and communal memory.

## CoA @ TEMPLE BETH AMI!

14330 Travillah Road, Rockville

Fee: \$7; \$8 @ door

### A CHANUKAH CONCERT OF YIDDISH, RUSSIAN, HEBREW AND KLEZMER! OH MY!

Monday, December 11 ♦ 1:00 - 2:30 PM      RSVP 12/4

♪ Seth Kibel - Clarinet, Saxophone, Flute  
♪ Vladimir Fridman - Guitar, Vocals

Join us for this joyous, entertaining and 'heimish' concert. A little nostalgia and a lot of fun! We'll usher in the holiday season with lively music by Seth and Vladimir! This duo will have you singing and tapping your feet to familiar tunes from around the world!

♥ Refreshments will be served.

## FOOD 'N FUN

### SEASONS 52 RESTAURANT

Game: BINGO!

Wednesday, November 29 ♦ 12:30 - 3:00 PM      RSVP 11/17  
11414 Rockville Pike, Rockville, MD  
Cost: \$25/Lunch & Program

Join us for a wonderful meal at this restaurant which offers fresh, seasonal dishes from locally-sourced farmers. The food, inspired by the season and guided by flavor, is served in a private and charming room. Enjoy the signature flatbreads as an appetizer before your main course. It's sure to satisfy any sophisticated palate!

## THE SOUNDS OF MUSIC @ THE BENDER JCC!

### SONG CIRCLE!

Tuesdays, November 7, 21; December 5, 19  
1:00 to 2:30 PM

- ♪ The song circle is about the joy of singing
- ♪ All are welcome, regardless of experience or level of ability
- ♪ Song sheets will be provided

Contact Frieda : 301.348.3809 or [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org)

- ▶ Sponsored by the Bender JCCGW Senior Adult Department and the Folklore Society of Greater Washington ([fsgw.org](http://fsgw.org))

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### COMMUNITY KLEZMER CONCERT!



Sunday | November 19, 2017 | Bender JCC

6:00 PM: Cocktails & Heavy Hors D'Oeuvres  
7:00 PM: Concert: **Seth Kibel Band**  
and a Delicious Dessert Reception  
during intermission!

Join us for a *freilach* (festive) evening of Klezmer and Community!  
**Seth Kibel** will treat us to an evening of Klezmer music and a few selections from the American Songbook!

▶ **Tickets:** \$36.00 - Sure to go quickly!

For more information, contact **Debbie Sokobin** at  
301.348.3760 or [dsokobin@benderjccgw.org](mailto:dsokobin@benderjccgw.org).

## TUESDAYS @ THE J!

### Selma Sweetbaum Senior Satellite Program

Join us every Tuesday for this **FREE\*** program:

**10:00 – 11:00 AM**

Weekly Exercise; Monthly Blood Pressure Check

**11:00 AM – 12:00 PM**

Guest Speaker/Entertainment

**12:00 PM**

Delicious, Kosher Meals - \*\$5 suggested donation

**1:00 PM**

♪ Jewish Chorus/Song Circle ♦ Led by Frieda

~Or~

Yiddish Conversation Group ♦ Facilitator: Hilda Rubin

► For more information, contact Linda Wechsler:  
301.348.3893 or [lwechsler@benderjccgw.org](mailto:lwechsler@benderjccgw.org).

## ALL (Adult Living & Learning) @ the J

Intergenerational Technology Class [ongoing]

Thursdays, thru Dec. 14 ♦ 3:30 – 4:30pm

[Code: 16838]

### Women's Connections

Mondays ♦ 10:45 a.m. - 12:00 p.m.

Bender JCC – Room 122

- All women welcome
- Engaging topics
- Socialize and make new friends

~ Facilitated by **Enid Portnoy**

► For more information, contact Stacy Olivera  
301.348.3889 or [solivera@benderjccgw.org](mailto:solivera@benderjccgw.org).

## FUN 'N FOOD @ the Bender J!



**WHAT'S SO  
SPECIAL  
ABOUT  
"THE BRONX?!"**

**OUR GUEST,  
STEVE SAMTUR  
WILL TELL US!**

**Friday, December 15 ♦ 12:00 - 3:00 PM RSVP 12/5**  
**Cost: \$25** (Includes a NY-Style Deli Lunch, Lecture & Music!)

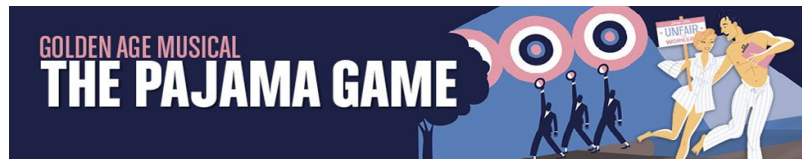
Are you originally from the Bronx, Queens or Brooklyn? Have you ever wondered why "The" is always included when speaking of this NY borough? Let's walk down memory lane with **Steve Samtur**, editor & publisher of 'Back In the Bronx' magazine for 25 years! He will give a fun, nostalgic retrospective of the Bronx of the 40's thru the 60's. Who are the famous celebrities from the Bronx?! Remember Alexander's Department Store and the Grand Concourse and Art Deco buildings? We can't forget the Botanical Gardens, Bronx Zoo, Yankee Stadium and City Island! We invite both non-New Yorkers and New Yorkers alike who are curious about this "infamous" borough!

**But** that ain't all: Join us for a delicious NY-style lunch:

- Pastrami & Corned Beef
- Knishes & Pickles and Dr. Brown's Cream Soda
- Babka, Black & White Cookies & other goodies
- And of course, Peanuts & Cracker Jacks!

## EXCURSIONS

### Arena Stage *presents*



Wednesday, **November 15** RSVP 11/6

Depart LW ~ 10:00 AM; Bender JCC ~ 10:30 AM

Noon Performance

Location: 1101 6th St SW, Washington, DC

Cost: \$50/ticket; \$20/transportation

**Terrific Songs...Sassy Dancing...Wisecre Humor!**  
- Washington Post

Why are things getting so steamy at the Sleep-TITE Pajama Factory? It could have something to do with how hard the new superintendent Sid has fallen for Babe, the trouble-making head of the union grievance committee. Sparks really start to fly when a workers' strike pits management against labor and ignites an outrageous battle of the sexes.

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### Signature Theatre *presents*

## “Crazy For You”

Sunday, **December 3** RSVP 11/20

7:00 PM Show

Depart LW ~5:00 PM; Bender JCC ~5:30 PM

Cost:\$55; \$20/Transportation

Flush with mistaken identities, a classic love story and 1930s glamour, ***Crazy for You*** radiates with playful humor and high-energy show-stopping numbers. Gershwin tunes, including “I’ve Got Rhythm,” “Someone to Watch Over Me” and “Nice Work If You Can Get It,” join with exhilarating tap numbers in this feel-good Tony Award®-winning musical comedy!

**CoA @ Shaare Tefila! - Cost: \$7; \$8 @ Door**  
**16620 Georgia Ave., Olney**

Near ‘Roots’ grocery store, only 5 min. from LW  
(LEFT at Emory Church Rd., Cross Georgia Ave.,  
LEFT on Service Road)

## CANTOR JASON KAUFMAN

### “A MELTING POT OF MUSIC”

Thursday, **November 16**, 1:30-3:00 PM RSVP 11/9

**Cantor Jason Kaufman** of Beth El Hebrew Congregation in Alexandria, Virginia and pianist, will perform a mix of Hebrew music, musical theatre, and Jewishly themed pop beloved in the Jewish community across generations.

♥ Refreshments will be served.



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## Professor Naomi Daremblum

### LECTURE: “JEWS OF BRAZIL”

Thursday, **December 7**, 1:30 - 3:00 PM  
RSVP 11/30

**Professor Daremblum** provides an overview of the history of Brazilian Jews, from the time of the Portuguese conquest, through the wave of European immigration at the end of the 19th century. Her lecture includes the WWII period to present day Brazil, where there is a thriving Jewish community. It is the 10th largest in the world!

**Naomi Daremblum**, PhD, is originally from Costa Rica, and is a specialist on Latin American culture, art & politics. She’s had teaching appointments at NYU and The New School, and with 15 years of experience, she’s taught and written on a wide range of subjects. At present she teaches Latin American Culture & Politics at Montgomery College.